

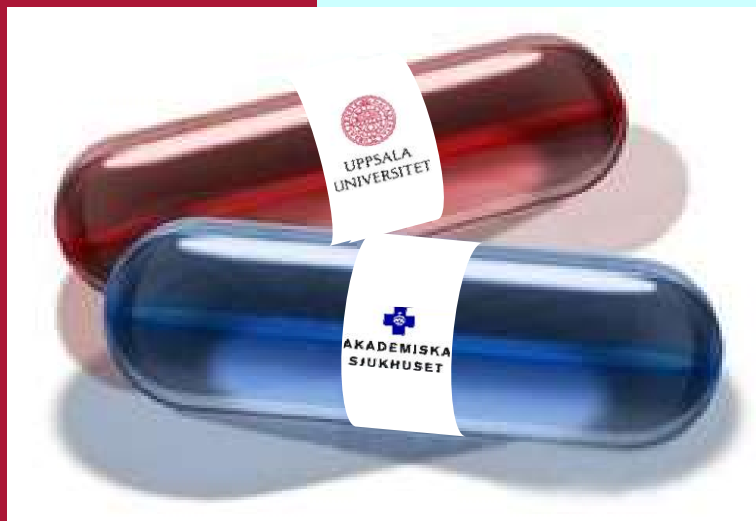
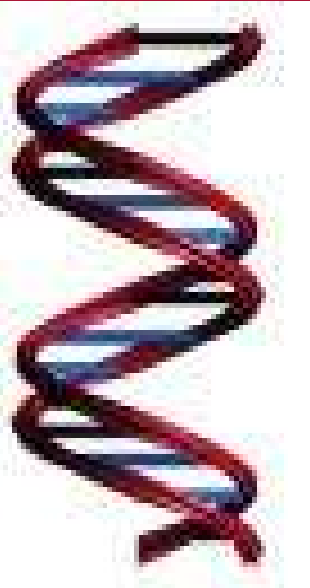


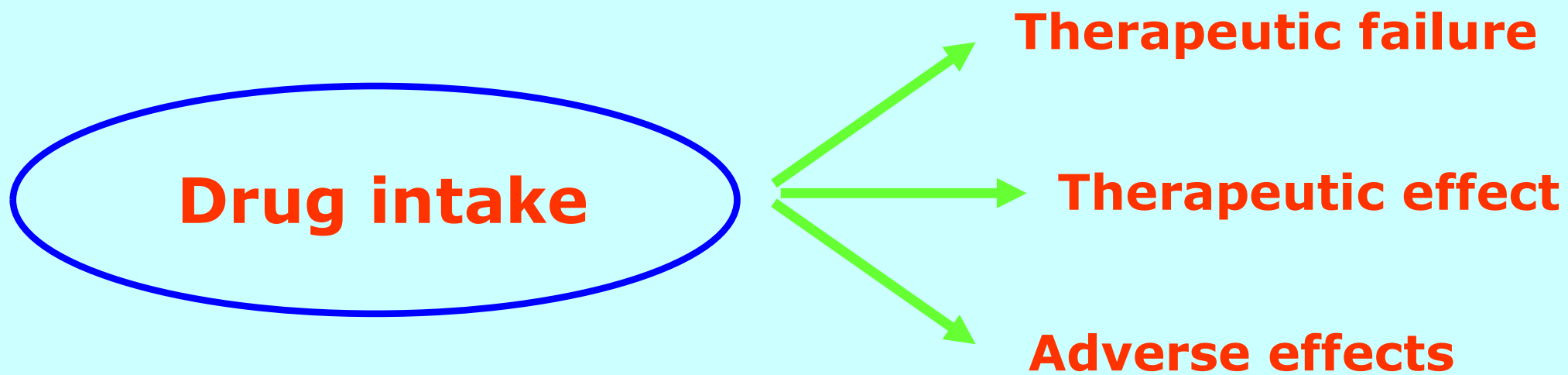
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# Precisionsmedicin nya gränser: användning av genotypning i klinisk praxis för att individualisera behandlingen

2025.12.02

**Gabriella Scordo, MD, PhD**  
Överläkare Klinisk Farmakologi  
Uppsala Akademiska Sjukhuset





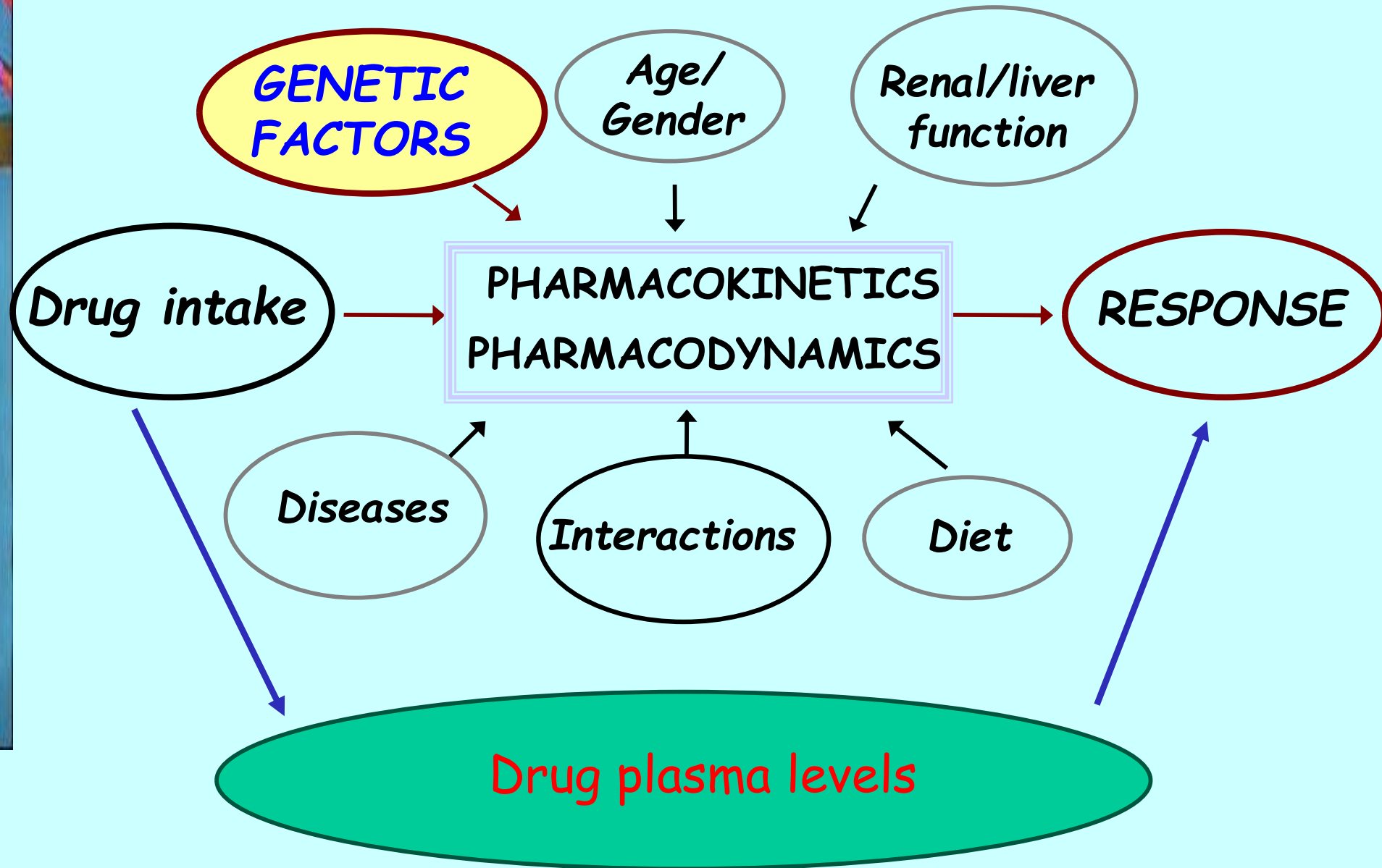
One dose does **NOT** fit all



# Variabilitet i läkemedelsrespons

- **Farmakokinetisk variabilitet**
  - skillnader i läkemedels omsättning, distribution och transport
- **Farmakodynamisk variabilitet**
  - skillnader i läkemedels effekt, t ex receptorkänslighet eller target variabilitet
  - "sjukdomens" patofysiologisk variabilitet
- **Psykologisk variabilitet**
  - placebo-effekt
  - förväntningar, tidigare erfarenheter
  - compliance
  - följsamhet till ordination

# Interindividual variability in clinical efficacy

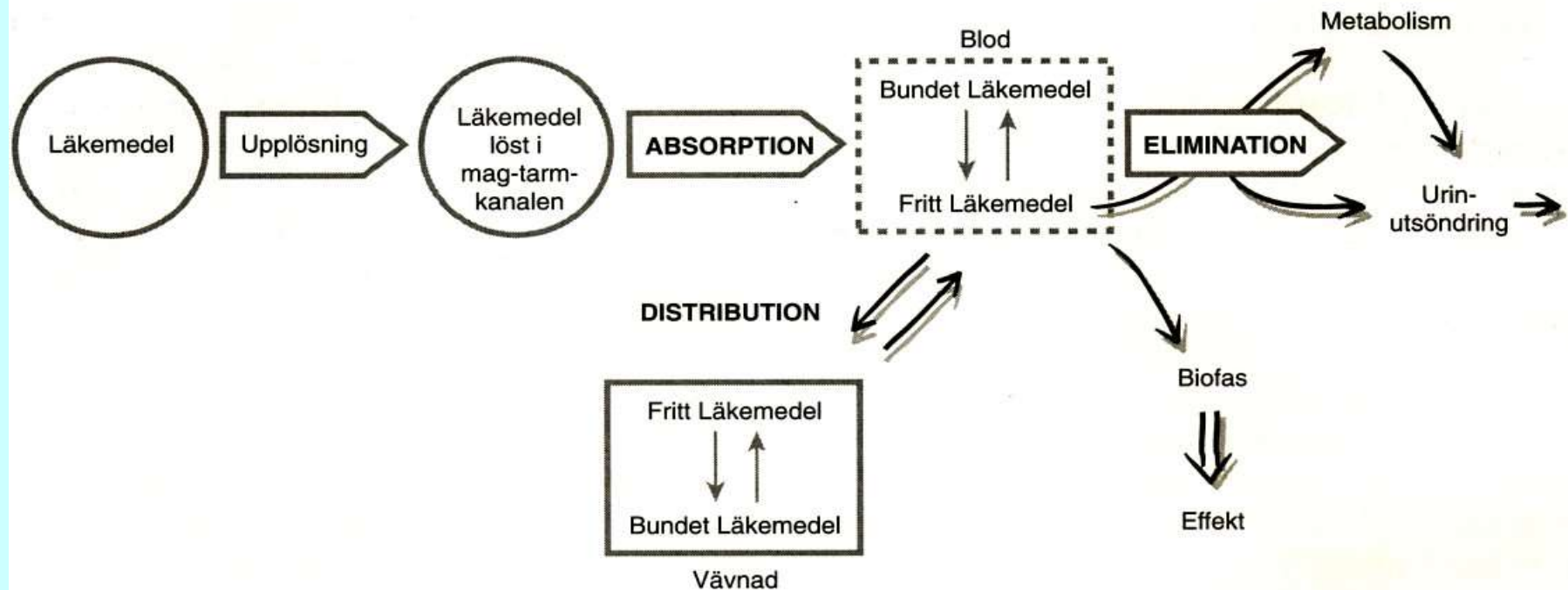


# Läkemedlets väg genom kroppen

Absorption (upptag)

Distribution (fördelning)

Elimination (metabolism/nedbrytning/utsöndring)



# Varför metabolism?

många läkemedel så fettlösliga att de efter primär utsöndring i njurarna absorberas tillbaka till blodet

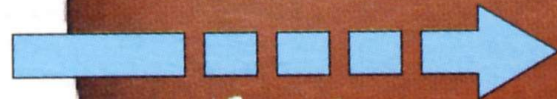
genom metabolism omvandlas läkemedlet till mer vattenlösliga substanser som lättare kan utsöndras i urinen

metabolismen sker huvudsakligen i tarmvägg och lever men även i andra vävnader såsom njure, lungor.....

metabolismen utförs till största delen av katalysatorer i form av **enzym** som finns i levern, tarmvägg osv, och som gör läkemedel mer vattenlösliga.

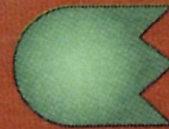
# Absorption

lipidlösligt läkemedel



fas 1

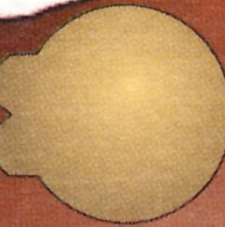
oxidation,  
hydrolys,  
reduktion



fas 2

konjugering

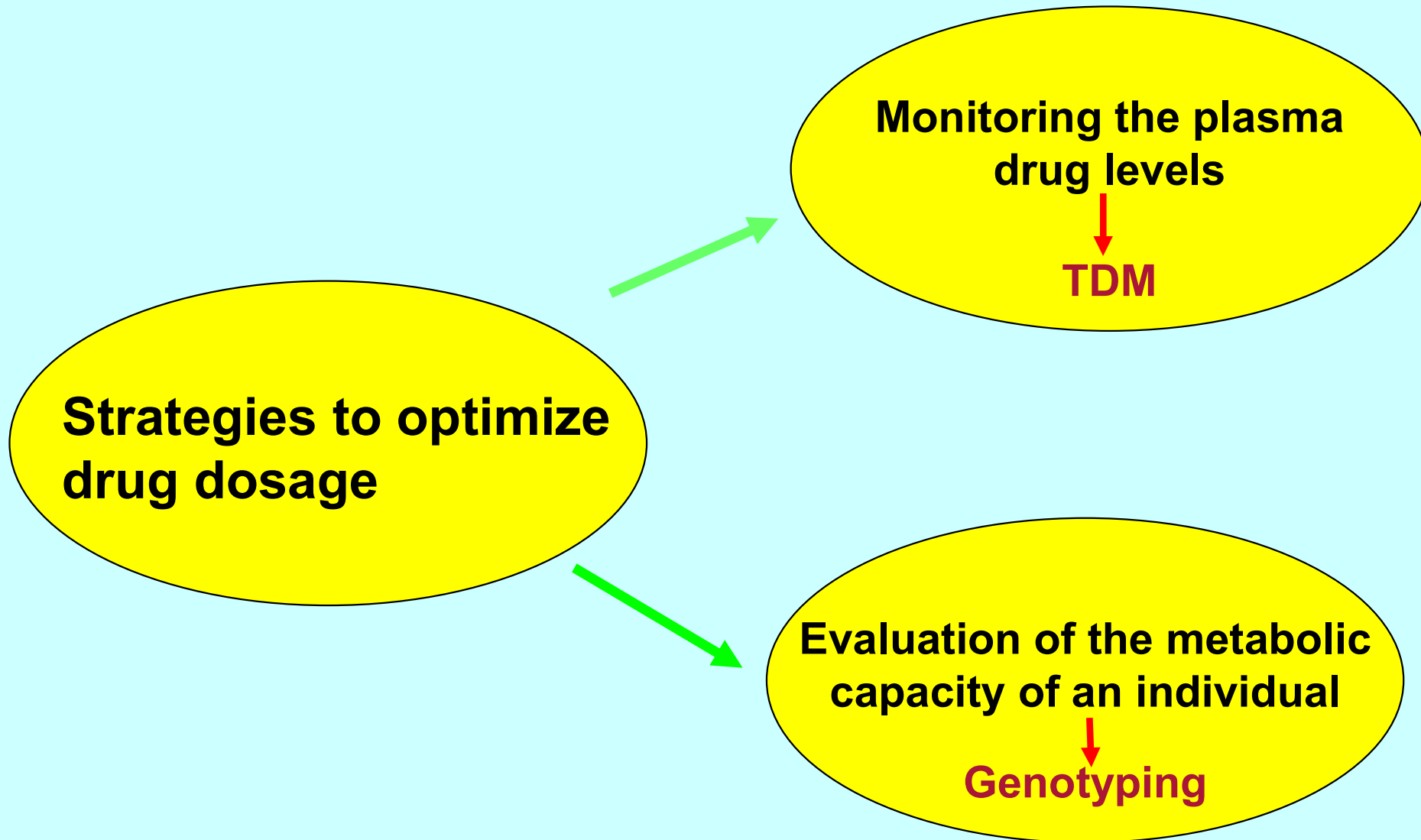
Glucuronidation,  
Sulfatation, Glutathione  
conjugation, Acetylation



vattenlösigt produkt

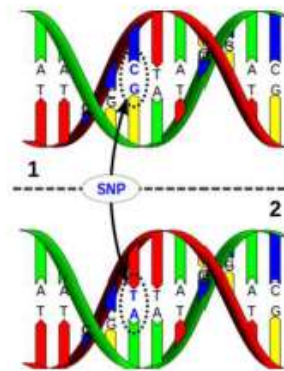
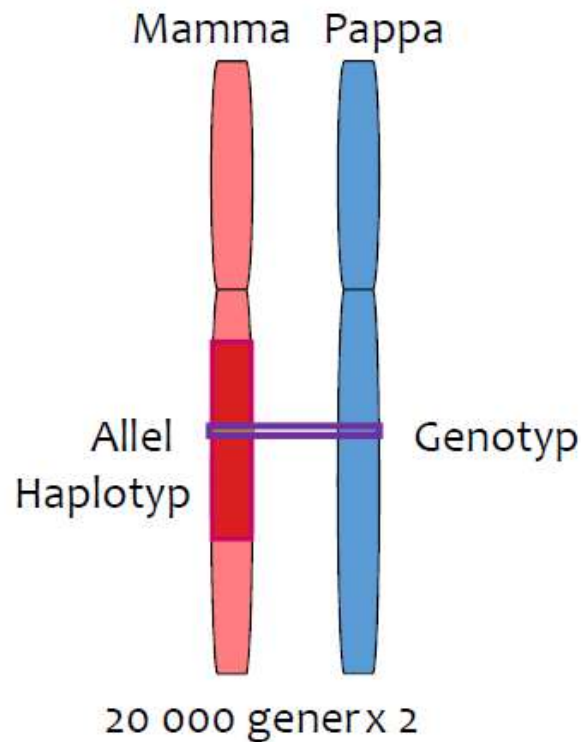
Excretion  
(Urine, bile)

Creates or exposes a functional group (OH, NH<sub>2</sub>, COOH)





# Genetisk variation



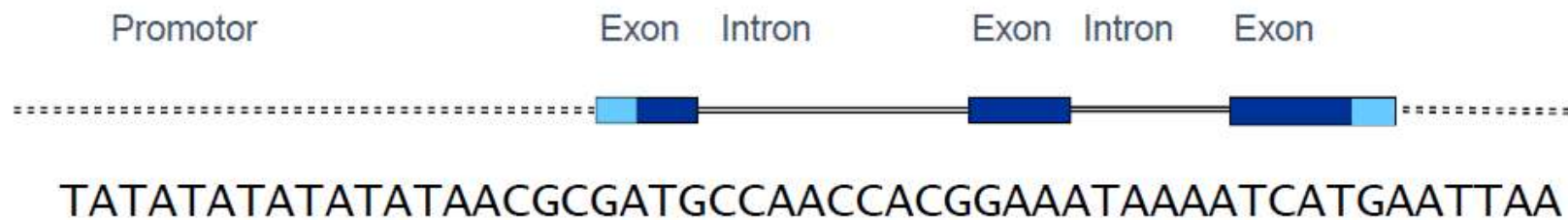
**A C G T:** Vi ärver 3 miljarder baser från vardera förälder

Var tusende bas varierar mellan 2 personer



# Genetisk variation

Kodande och icke-kodande DNA



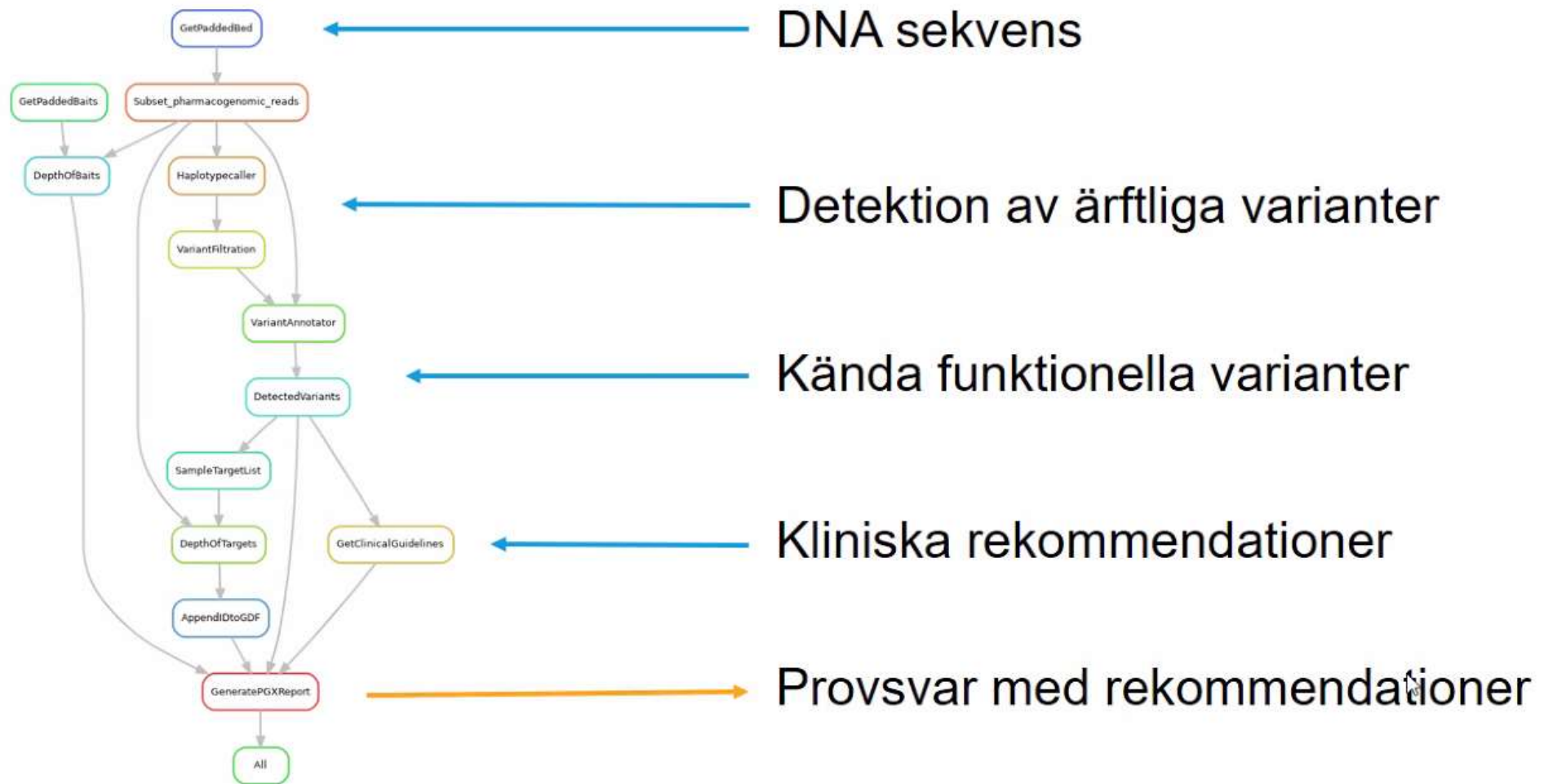
Basparutbyte

- Single nucleotide polymorphism (SNP)

Variation i antal baser

- Insertion/deletion
- Copy number variation (CNV)

# Farmakogenomiskt analysflöde



# Pharmacogenetics methods in vivo

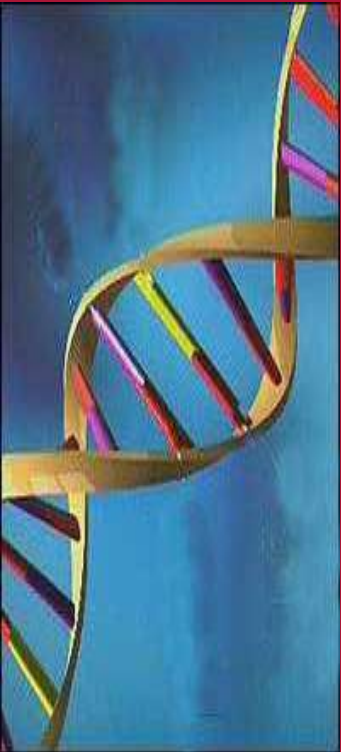
## Genotyping

- **Analysis of variations (eg SNPs) in the gene of interest that will lead to the prediction of phenotype**
- **Prior knowledge of the SNPs effect on the enzyme activity**
- **Advantages: no need for (probe) drug intake, the sample can be obtained at any time**
- **Disadvantages: rough classification of the population in few groups, ev. interethnic differences, phenocopy**

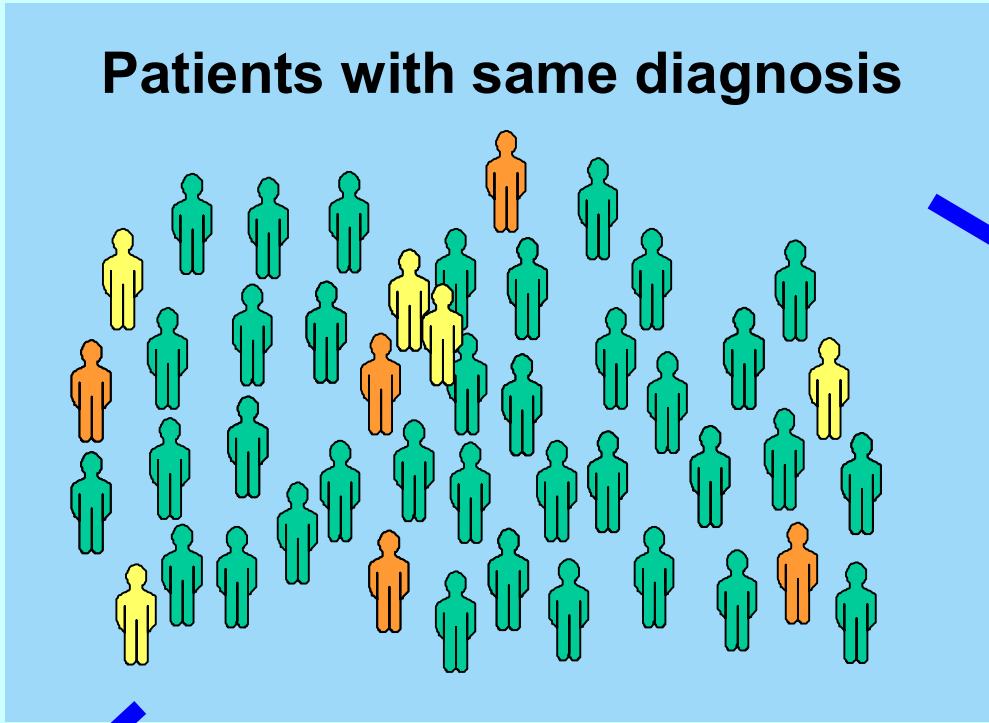


# Indications for genotyping

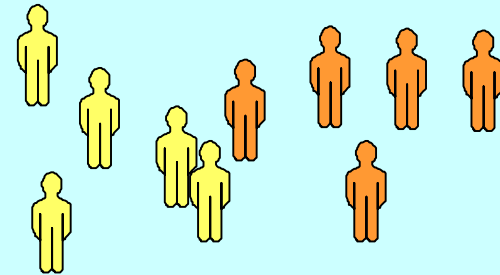
- ➔ **lack of optimal drug response/therapeutic failure**
- ➔ **side-effects**
- ➔ **patient characterisation before starting therapy**



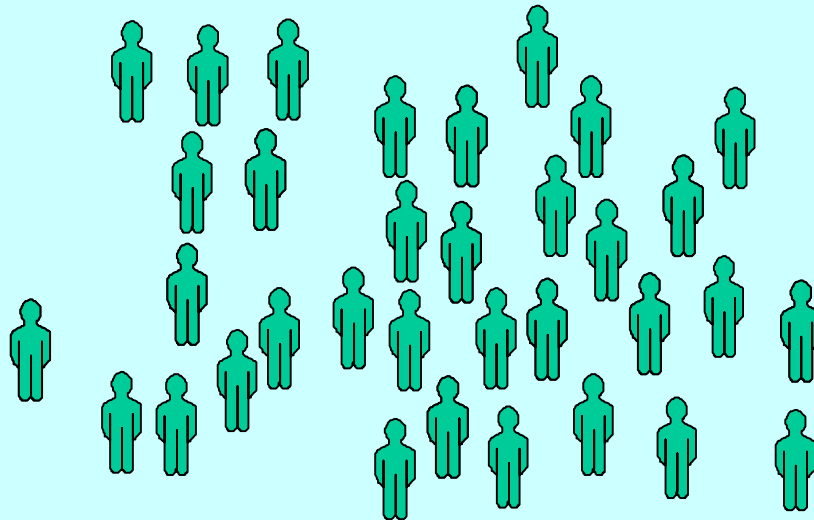
**Patients with same diagnosis**



“non-responders”  
and “toxic-responders”



“responders”  
to be treated



# Kinetic and clinical consequences of genetic polymorphisms

## Poor metabolisers

**Reduced inactivation**



**toxicity**

**Reduced production of active metabolites**



**therapeutic failure**

## Ultrarapid metabolisers

**Enhanced inactivation**

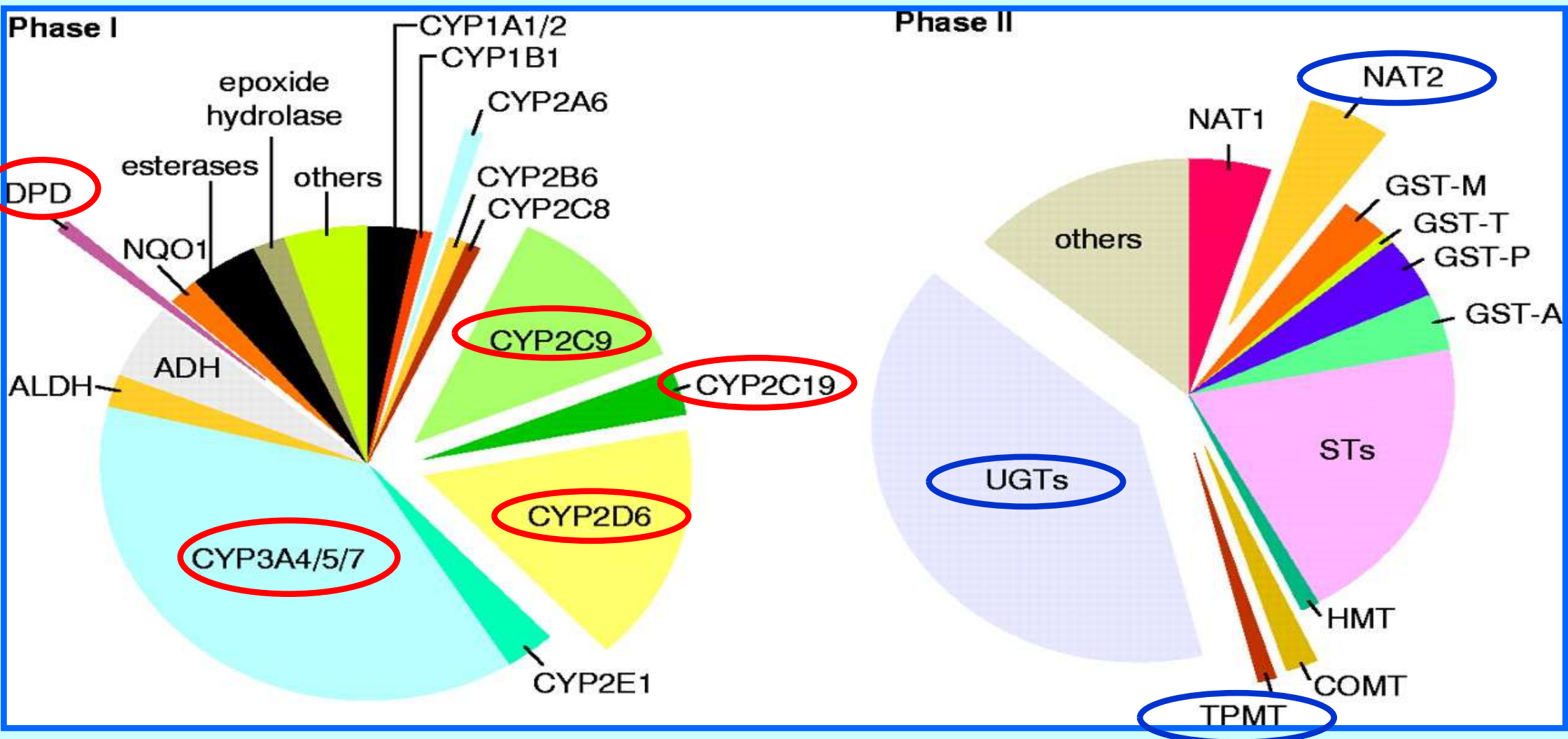


**therapeutic failure**

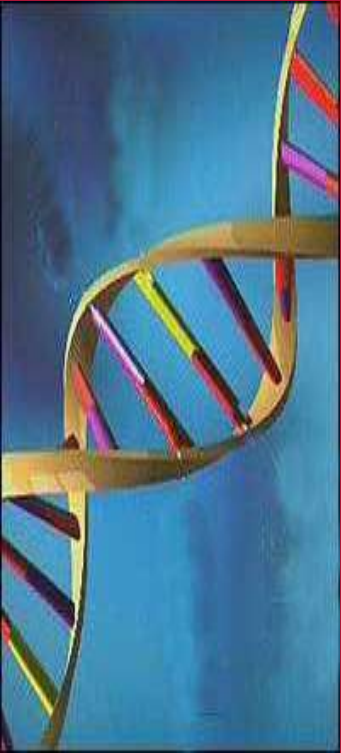
**Enhanced production of active metabolites**



**toxicity**

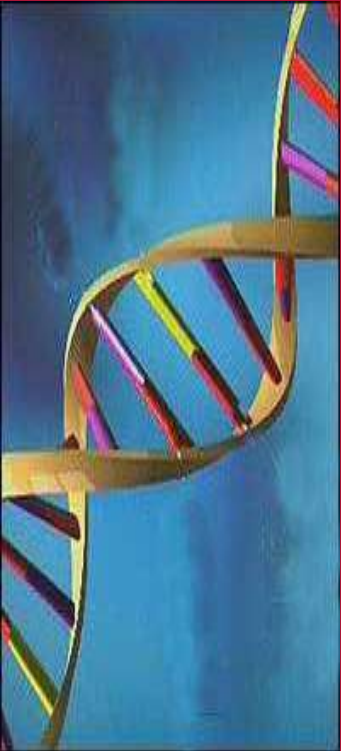


**Hur bör man jobba med  
genotypningsanalyser?**



## Preanalytisk bedömning

En preanalytisk granskning bör göras, för att minska onödiga beställningar. Vid oklarheter bör beställaren kontaktas för att diskutera och nå konsensus om vilka genotyper som ska analyseras. I bedömningen väger man in vilka analyser som är beställda, patientens läkemedel och indikation för genotypning.



## Stämmer allt?????

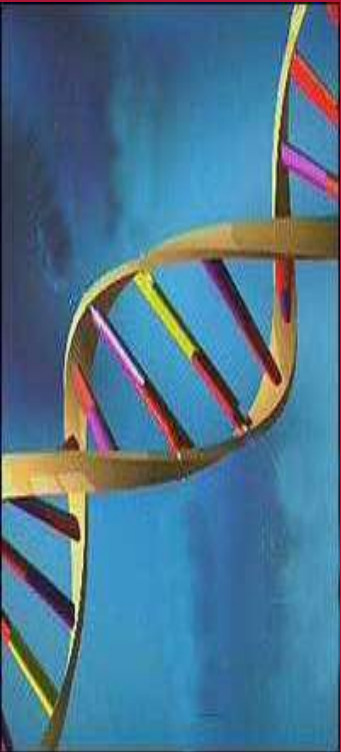
Behandlas patienten med läkemedel som är kända substraten av polymorfa enzymer?  
Är alla beställda analyserna betydelsefulla i det aktuellt fall?  
Har någon analys av betydelse inte beställts?



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# Viktiga källor

1. <https://www.pharmgkb.org/>  
Hanteras av Stanford University



<https://www.pharmgkb.org/>

PharmGKB annotates PGx-based drug dosing guidelines published by the Clinical Pharmacogenetics Implementation Consortium (CPIC), the Royal Dutch Association for the Advancement of Pharmacy - Pharmacogenetics Working Group (DPWG), and other professional societies including the Canadian Pharmacogenomics Network for Drug Safety (CPNDS) and the French National Network of Pharmacogenetics (RNPGx). PharmGKB annotations present a brief summary of the genotype-based dosing recommendations and links to the source publications/documents.



# Annotation of CPIC Guideline for clopidogrel and CYP2C19

Annotation >

Related Chemicals ●

Publications ●

Clinical Annotations ●

Links

History

Alternate Drug ⓘ

Pediatric ⓘ

## Summary

The CPIC Dosing Guideline for clopidogrel recommends an alternative antiplatelet therapy for CYP2C19 poor or intermediate metabolizers (cardiovascular indications: prasugrel or ticagrelor if no contraindication; neurovascular indications: alternative P2Y12 inhibitor if clinically indicated and no contraindication.)

## Specify a genotype for specific annotations

Pick alleles for CYP2C19

\*2 ▼ \*2 ▼

Alleles not present in the above pull-down menus have no guideline recommendation.

Alternate Drug ⓘ

### Submitted Genotype

CYP2C19: \*2/\*2

### Matched Phenotype

CYP2C19: Poor Metabolizer

### Implications

CYP2C19: Significantly reduced clopidogrel active metabolite formation; increased on-treatment platelet reactivity; increased risk for adverse cardiac and cerebrovascular events

### Recommendation

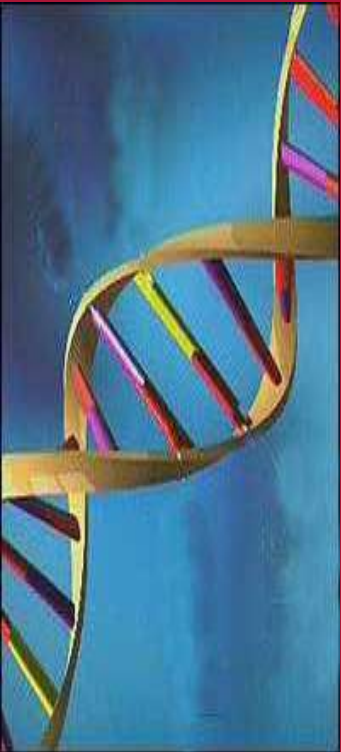
Avoid clopidogrel if possible. Use prasugrel or ticagrelor at standard dose if no contraindication.



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# Viktiga källor

1. <https://www.pharmgkb.org/>
2. <https://www.pharmvar.org/genes>



# Pharmacogene Variation Consortium

<https://www.pharmvar.org/genes>

The Pharmacogene Variation (PharmVar) Consortium is the new home for PGx gene nomenclature serving as a centralized 'Next-Generation' Pharmacogene Variation data repository. The major focus of PharmVar is to catalogue allelic variation of genes impacting drug metabolism, disposition and response and provide a unifying designation system (nomenclature) for the global pharmacogenetic/genomic community.

PharmVar has developed a rating system (0-100 points) to prioritize genes for PharmVar consideration.

PharmVar Gene	Points	Priority level
<i>CYP2C19</i>	100	high
<i>CYP2C9</i>	100	high
<i>CYP2D6</i>	100	high
<i>CYP3A5</i>	100	high
<i>SLCO1B1</i>	100	high
<i>CYP2B6</i>	95	high
<i>CYP4F2</i>	90	high
<i>DPYD</i>	85	high
<i>NUDT15</i>	85	high
<i>NAT2</i>	65	medium
<i>CYP3A4</i>	62	medium
<i>CYP2C8</i>	52	medium
<i>CYP2A6</i>	55	medium
<i>CYP2A13</i>	30	low
<i>CYP1A2</i>	5	low

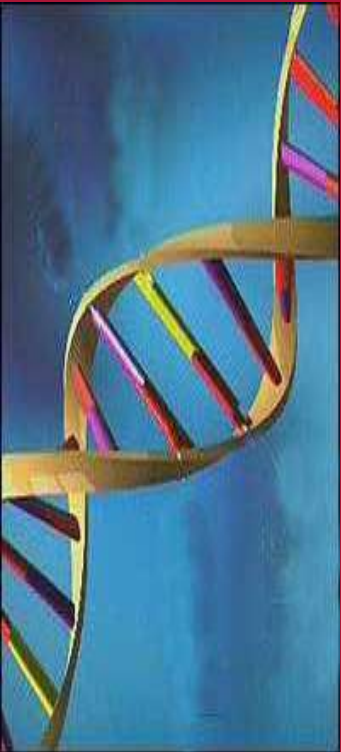
Updated August 2024



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# Viktiga källor

1. <https://www.pharmgkb.org/>
2. <https://www.pharmvar.org/genes>
3. [go.drugbank.com](https://go.drugbank.com)



- Identification
- Pharmacology
  - Indication
  - Associated Conditions
  - Contraindications & Blackbox Warnings
  - Pharmacodynamics
  - Mechanism of action
  - Absorption
  - Volume of distribution
  - Protein binding
  - Metabolism
  - Route of elimination
  - Half-life
  - Clearance
  - Adverse Effects
  - Toxicity
  - Pathways
  - Pharmacogenomic Effects/ADRs
- Interactions
- Products

Pharmacogenomic Effects/ADRs

Show 10 entries

Search

INTERACTING GENE/ENZYME	ALLELE NAME	GENOTYPE(S)	DEFINING CHANGE(S)	TYPE(S)	DESCRIPTION
Cytochrome P450 2C9	CYP2C9*3	(C;C) / (A;C)	C Allele	Effect Directly Studied	Patients with this genotype have reduced metabolism of clopidogrel resulting in reduced plasma concentrations of its active metabolite.
Cytochrome P450 2C19	CYP2C19*2	(A;A) / (A;G)	G > A	Effect Directly Studied	Patients with this genotype have reduced metabolism of clopidogrel resulting in reduced plasma concentrations of its active metabolite.
Cytochrome P450 2C19	CYP2C19*2	Not Available	681G>A	ADR Directly Studied	Patients with this polymorphism in CYP2C19 are poor metabolizers of clopidogrel and are associated with diminished platelet response and increased risk of adverse cardiovascular events in response to clopidogrel therapy.
Cytochrome P450 2C19	CYP2C19*3	Not Available	636G>A	Directly Studied Effect	The presence of this polymorphism in CYP2C19 is associated with reduced or poor metabolism of clopidogrel.
Cytochrome P450 2C19	CYP2C19*2A	Not Available	681G>A	ADR Inferred	Poor drug metabolizer, increased risk for adverse cardiovascular events and lower efficacy. Alternative recommended.
Cytochrome P450 2C19	CYP2C19*2B	Not Available	681G>A	ADR Inferred	Poor drug metabolizer, increased risk for adverse cardiovascular events and lower efficacy. Alternative recommended.
Cytochrome P450 2C19	CYP2C19*4	Not Available	1A>G	ADR Inferred	Poor drug metabolizer, increased risk for adverse cardiovascular events and lower

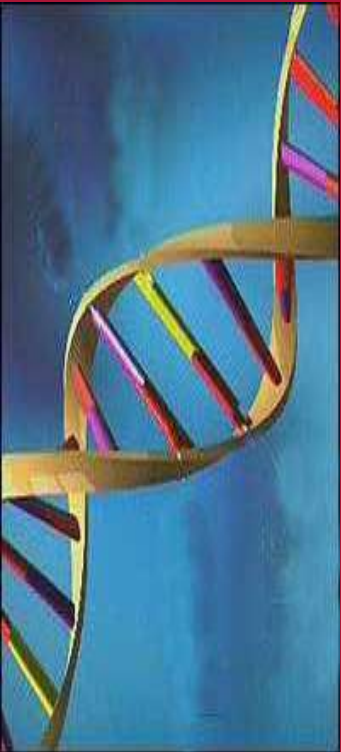


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## Viktiga källor

1. <https://www.pharmgkb.org/>
2. <https://www.pharmvar.org/genes>
3. [go.drugbank.com](http://go.drugbank.com)
4. **Flockhart Table <sup>TM</sup>**  
<https://drug-interactions.medicine.iu.edu/MainTable.aspx>

Hanteras av Dept of Medicine, Clinical Pharmacology,  
at Indiana University



## Flockhart Table <sup>TM</sup>

<https://drug-interactions.medicine.iu.edu/MainTable.aspx>

What do the pages contain?

The P450 Drug Interactions Site contains a table with eight (8) columns, one for each of the P450 isoform groups: CYP1A2, etc. In each column you will find:

**Substrates:** drugs that are metabolized as substrates by the enzyme

**Inhibitors:** drugs that prevent the enzyme from metabolizing the substrates

**Activators:** drugs that increase the enzyme's ability to metabolize the substrates

Clicking on the drug name further information will pop up.

drug-interactions.medicine.iu.edu/MainTable.aspx

HOME DRUG-INTERACTION CHECKER-CARD IN MEMORIAM CONTACT

interact more easily

## Substrate 1A2

- acetaminophen
- amitriptyline
- apremilast
- caffeine
- clomipramine
- clozapine
- cyclobenzaprine
- doxepin
- duloxetine
- estradiol
- fluvoxamine
- haloperidol
- imipramine

### amitriptyline ( Substrate-2C19 )

**Five distinct human cytochromes mediate amitriptyline N-demethylation in vitro: dominance of CYP 2C19 and 3A4.**  
*Journal: Clin Pharmacol.*  
 Authors: Venkatakrisnan K, Greenblatt DJ, von Moltke LL, Schmider J, Harmatz JS, Shader RI.  
 Publication Date: 1998  
 PubMed Id: 9549641

**Metabolism of the tricyclic antidepressant amitriptyline by cDNA-expressed human cytochrome P450 enzymes.**  
*Journal: Pharmacology.*  
 Authors: Olesen OV, Linnet K.  
 Publication Date: 1997  
 PubMed Id: 9399333

**Cytochromes P450 mediating the N-demethylation of amitriptyline.**  
*Journal: Br J Clin Pharmacol.*  
 Authors: Ghahramani P, Ellis SW, Lennard MS, Ramsay LE, Tucker GT.  
 Publication Date: 1997  
 PubMed Id: 9131945

#### Inhibitors

- armodafinil
- chloramphenicol
- cimetidine
- citalopram
- esomeprazole
- felbamate
- fluoxetine
- fluvoxamine
- isoniazid

#### Inducers

- carbamazepine
- efavirenz
- enzalutamide
- enzalutamide
- letermovir
- norethindrone
- prednisone
- rifampicin
- ritonavir

2C19	2D6	2E1	3A457
amitriptyline	alprenolol	acetaminophen	abemaciclib
atomoxetine	amitriptyline	aniline	abiraterone
brivaracetam	amphetamine	benzene	acalabrutinib
carisoprodol	aripiprazole	chlorzoxazone	alectinib
chloramphenicol	atomoxetine	enflurane	alfentanil
citalopram	brexpiprazole	ethanol	alprazolam
clobazam	bufuralol	halothane	amitriptyline
clomipramine	cariprazine	isoflurane	amlodipine
clopidogrel	carvedilol	methoxyflurane	apixaban
cyclophosphamide	chlorpheniramine	n,n-dimethylformamide	aprepitant
diazepam	chlorpromazine	sevoflurane	aripiprazole
doxepin	citalopram	theophylline	astemizole
escitalopram	clomipramine		atorvastatin

# Viktiga källor

1. <https://www.pharmgkb.org/>
2. <https://www.pharmvar.org/genes>
3. [go.drugbank.com](http://go.drugbank.com)
4. Flockhart Table <sup>TM</sup>  
<https://drug-interactions.medicine.iu.edu/MainTable.aspx>
5. <https://www.micromedexsolutions.com/micromedex2/librarian>
6. <https://www.uptodate.com/contents/search>
7. <https://www.fass.se/LIF/startpage?userType=0>
8. <https://pubmed.ncbi.nlm.nih.gov/>



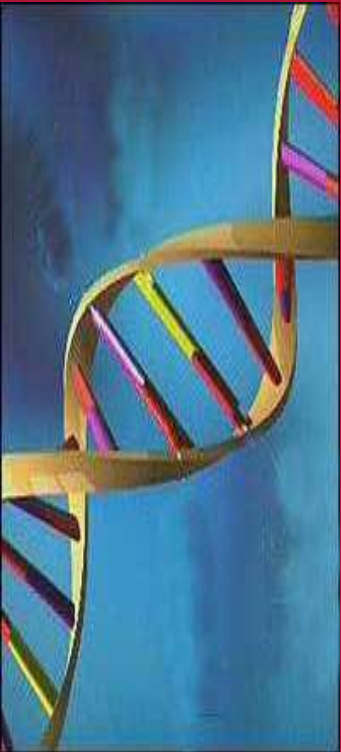
...and if you are desperate: <https://www.google.com/>



# Genotypning bedömning

För de flesta genotypningarna kan en automatisk fast kommentar skickas ut.

För de flesta CYP<sub>ar</sub> bör dock den automatiska kommentaren kompletteras. I bedömningen väger man in vilka analyser som är beställda, patientens övriga läkemedel och indikation för genotypning.

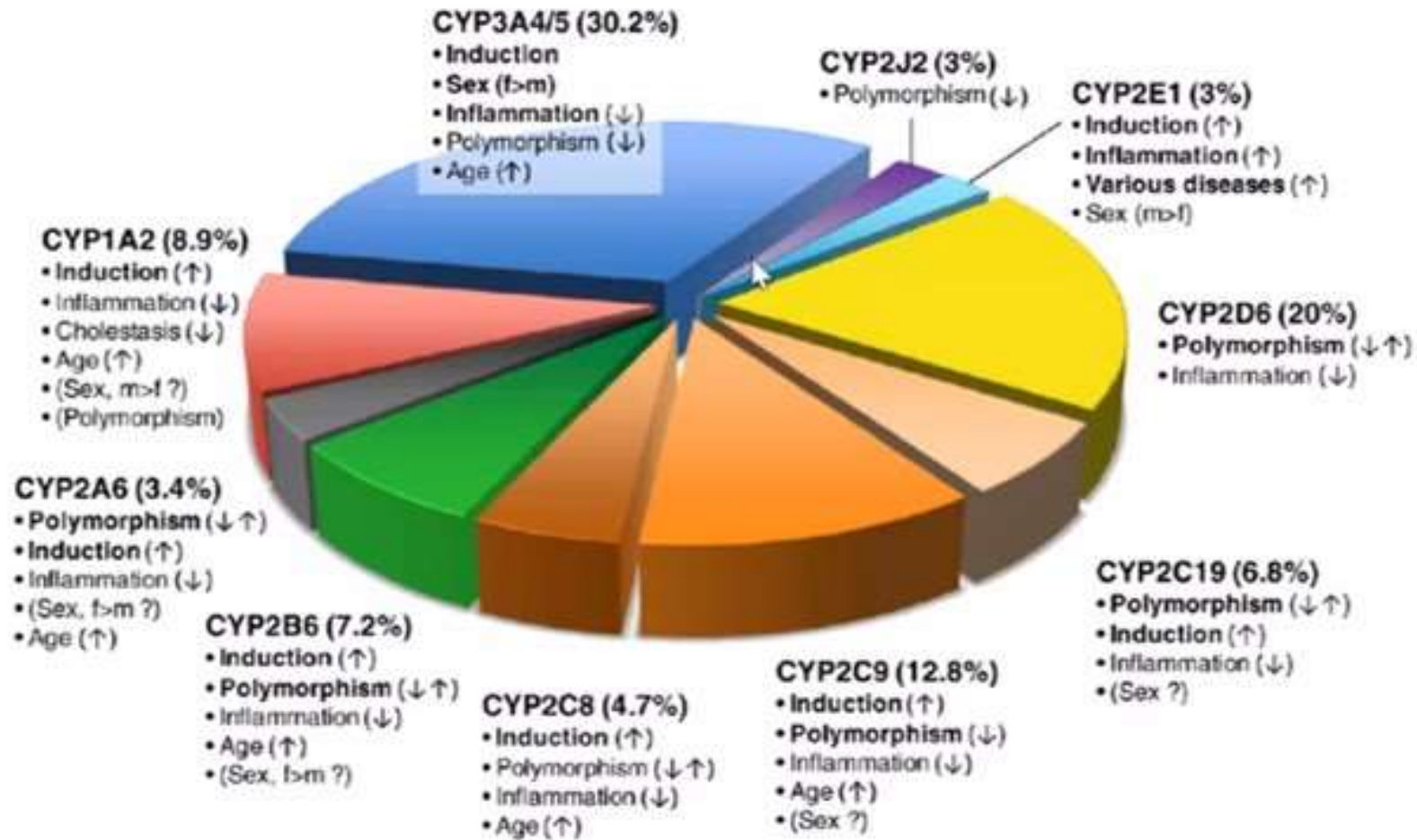


***Cytocrom P450***  
***(CYP<sub>ar</sub>)***

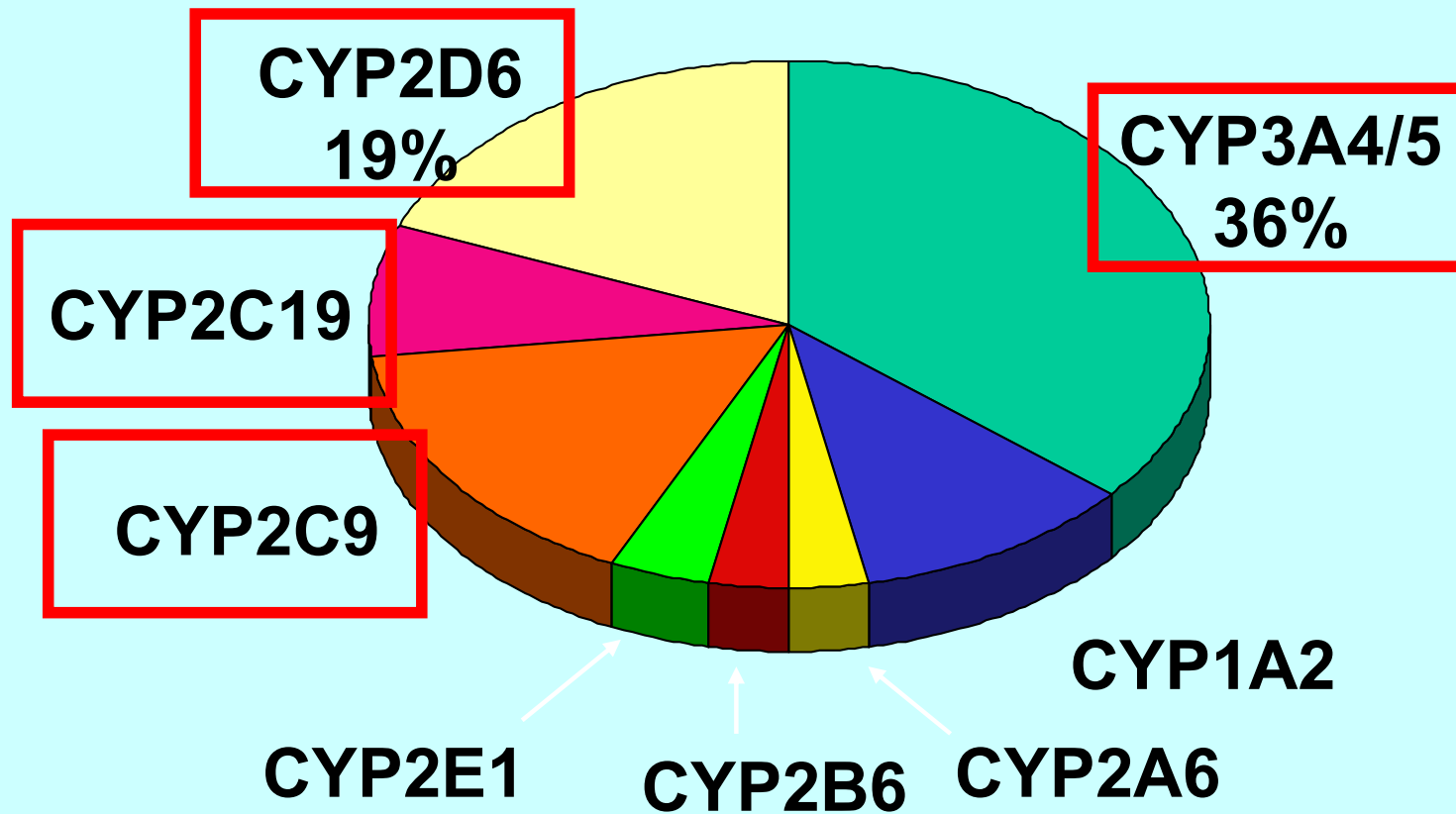
# Cytokrom P450 (CYP)

- Finns i samtliga av kroppens alla celler förutom
  - Erythrocyter
  - Muskelceller
- Stort antal isoenzymer
- Stor genetisk och omgivningsinducerad variation

# CYP450



# Proportion of drugs metabolised by the different CYPs



# Examples of polymorphic drug metabolism

## CYP2D6

### Substrates

amitriptyline, clomipramine, imipramine, desipramine, nortriptyline, trazodone, fluoxetine, paroxetine, fluvoxamine, citalopram, venlafaxine, mianserin, mirtazapine, thioridazine, perphenazine, zuclopenthixol, haloperidol, risperidone, clozapine, olanzapine, sertindole, codeine, destromethorphan, tramadol, alprenolol, bufuralol, metoprolol, propranolol, timolol, pindolol, encainide, flecainide, propafenone, debrisoquine, sparteine, phenformin, **tamoxifen**

## CYP2C9

### Substrates

diclofenac, ibuprofen, naproxen, piroxicam, phenytoin, phenobarbital, valproic acid, **S-warfarin**, phenytoin, tolbutamide, losartan, torasemide  
**Siponimod (Mayzent)**

## CYP2C19

### Substrates

amitriptyline, clomipramine, imipramine, citalopram, moclobemide, phenytoin, diazepam, omeprazole, propranolol, proguanil, S-mephenytoin, R-warfarin  
**Mavacamten (Camzyos)**

# CYP2D6 GENETIC POLYMORPHISM

<b>Enzyme</b>	<b>CYP2D6</b>
<b>Gene locus</b>	<b>Chromosome 22</b>
<b>Inheritance</b>	<b>Autosomal recessive</b>
<b>Phenotyping</b>	<b>Probe drugs:</b> <ul style="list-style-type: none"><li>- <b>debrisoquine</b></li><li>- <b>sparteine</b></li><li>- <b>dextromethorphan</b></li></ul>

## **Interethnic differences**

	<b>% PM</b>	<b>% UM</b>
<b>Sweden</b>	<b>7</b>	<b>1-2</b>
<b>Italy</b>	<b>5</b>	<b>10</b>
<b>Orientals</b>	<b>&lt;1</b>	<b>0.5-2.5</b>
<b>Blacks (Ethiopia)</b>	<b>4-7</b>	<b>29</b>

## Major *CYP2D6* allelic variants

<b>Mutated alleles</b>	<b>Mutation</b>	<b>Consequences</b>	<b>Frequencies</b>
<i>CYP2D6*3</i>	Frame-shift	Inactive enzyme	1-2%
<i>CYP2D6*4</i>	Defective splicing	Inactive enzyme	12-21 %
<i>CYP2D6*5</i>	Gene deletion	No enzyme	2-7%
<i>CYP2D6*6</i>	Frame-shift generating stop codon	Inactive enzyme	1-2%
<i>CYP2D6*2xN</i>	Gene duplication	Increased enzyme activity	2-10%
<i>CYP2D6*10</i>	Pro34Ser, Ser486Thr	Unstable enzyme	1-2% Caucasians 51% Asians
<i>CYP2D6*17</i>	Thr107Ile, Arg296Cys, Ser486Thr	Reduced affinity for substrates	0% Caucasians 34% Africans
<i>CYP2D6*41</i>	Splicing defect	Decreased activity	14% Caucasians

<https://www.pharmvar.org/>

PharmVar  
Pharmacogene Variation Consortium

HOME ABOUT GENES SUBMISSIONS MEMBERS RESOURCES CONTACT LOG IN

PV ID Lookup

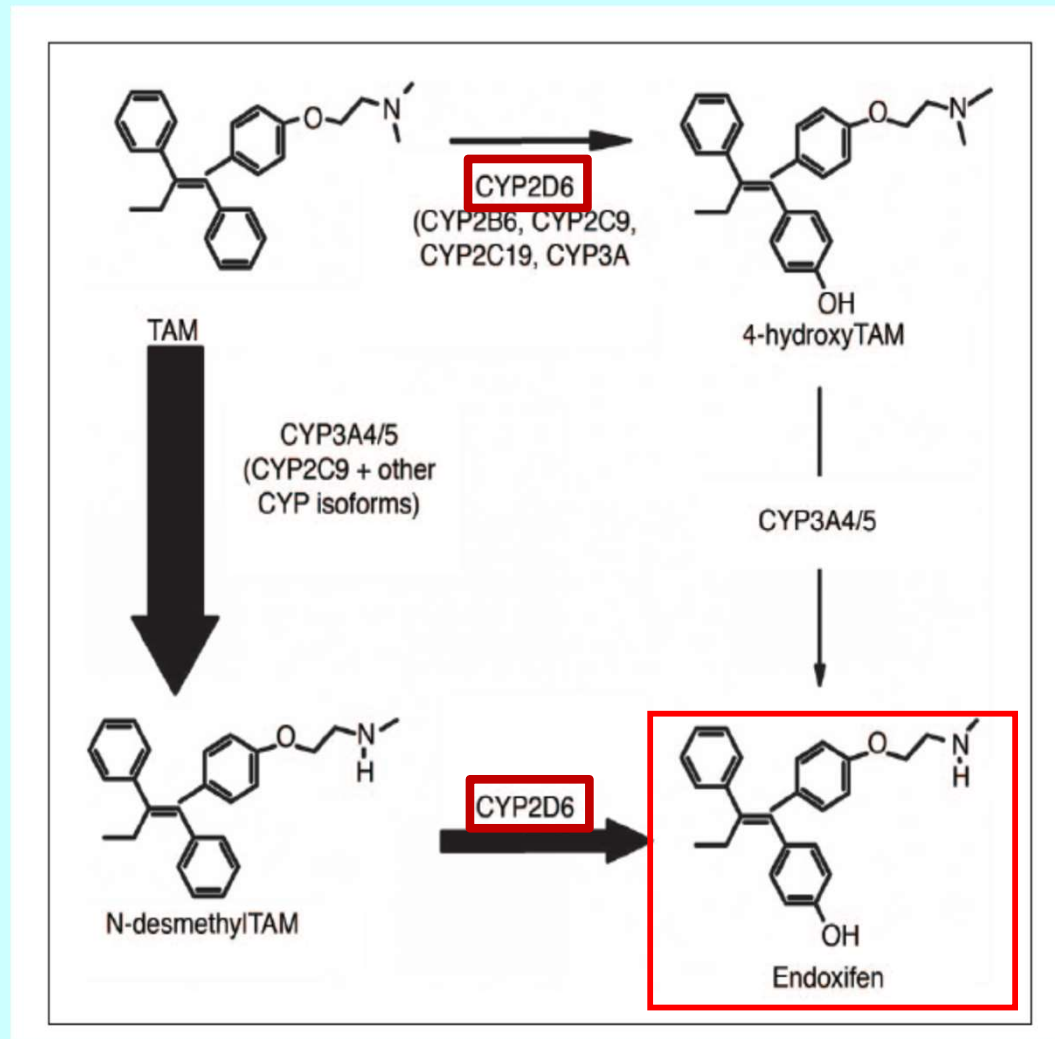
			2662G>A (rs28371721) 2851C>T (rs16947, R296C) 3385A>C (rs1985842) 3585G>A (rs28371730) 3791C>T (rs4987144) 4029C>A (rs548264542) 4181G>C (rs1135840, S486T)		2024
+	CYP2D6*3	PV00428	2550delA (rs35742686, R259fs)		CPIC Clinical Function X
+	CYP2D6*3.001	CYP2D6*3A PV00221	2550delA (rs35742686, R259fs)	Def	Kajimoto et al. 1990 Scantamburlo et al. 2017 Liau et al. 2019
+	CYP2D6*3.002	CYP2D6*3B PV00220	1750A>G (rs1135824, N166D) 2550delA (rs35742686, R259fs)	Lim	Marez et al. 1997
+	CYP2D6*3.003	PV02310	198G>A (rs201475960) 2550delA (rs35742686, R259fs)	Def	deposited by Nofziger 2023
+	CYP2D6*4	PV00429	1847G>A (rs3892097, splice defect)		CPIC Clinical Function X
+	CYP2D6*4.001	CYP2D6*4A PV02557	-1426C>T (rs28588594) -1000G>A (rs1080989) 100C>T (rs1065852, P34S) 310G>T (rs28371699) 745C>G (rs28371701) 842T>G (rs28371702) 973C>A (rs28371703, L91M) 983A>G (rs28371704, H94R) 996C>G (rs28371705) 1662G>C (rs1058164) 1847G>A (rs3892097, splice defect) 2098A>G (rs2267447) 3385A>C (rs1985842) 3583A>G (rs2004511) 4181G>C (rs1135840, S486T) 4402C>T (rs28371738)	Def	Gough et al. 1990 Hanioka et al. 1990 Kajimoto et al. 1990 deposited by Gaedigk et al. 2018 deposited by Nofziger 2018
+	CYP2D6*4.002	CYP2D6*4B PV00237	100C>T (rs1065852, P34S) 973C>A (rs28371703, L91M) 983A>G (rs28371704, H94R) 996C>G (rs28371705) 1847G>A (rs3892097, splice defect) 4181G>C (rs1135840, S486T)	Lim	Kajimoto et al. 1990
+	CYP2D6*4.003	CYP2D6*4C PV00236	100C>T (rs1065852, P34S) 1662G>C (rs1058164) 1847G>A (rs3892097, splice defect) 3888T>C (rs72549345) 4181G>C (rs1135840, S486T)	Lim	Yokota et al. 1993
+	CYP2D6*4.004	CYP2D6*4D PV00847	-1426C>T (rs28588594) -1000G>A (rs1080989) 100C>T (rs1065852, P34S) 310G>T (rs28371699) 842T>G (rs28371702) 1038C>T (rs1081003) 1662G>C (rs1058164)	Def	Marez et al. 1997 Liau et al. 2019 deposited by Gaedigk et al.

Last checked Dec 2nd, 2025: **CYP2D6\*184**

## Clinical consequences of *CYP2D6* poor metabolism

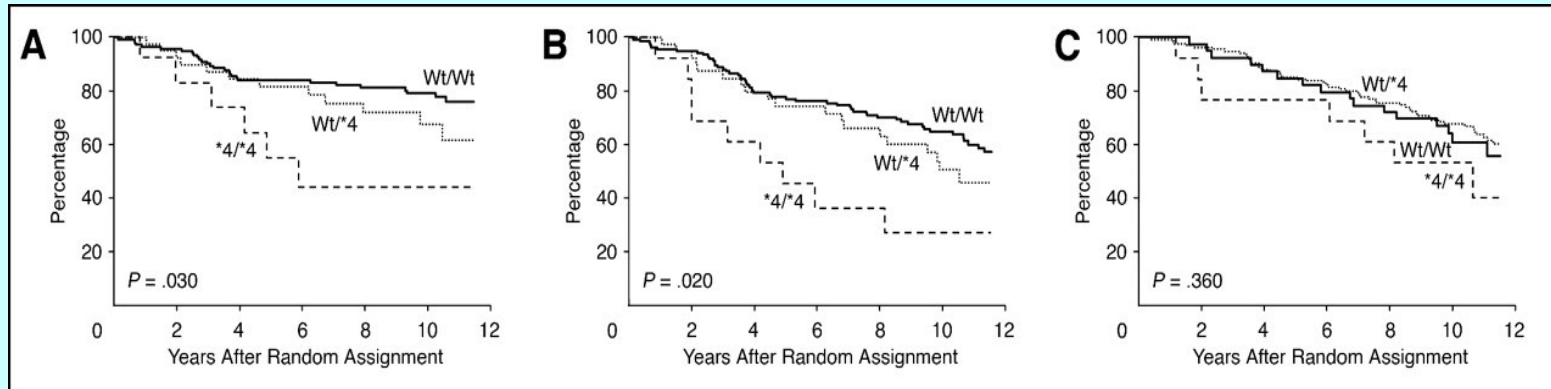
Tamoxifen	lack of antitumoral efficacy
Flecainide	ventricular tachiarhythmias
Propafenone	CNS toxicity, broncoconstriction
Metoprolol	loss of cardioselectivity
Nortriptyline	hypotension, confusion
Venlafaxine	Cardiovascular toxicity
Classical neuroleptics	EPS, sedation, QT-prolongation
Codein	lack of antidolorific effect

# Tamoxifen: läkemedel vid bröstcancer



*From Goetz et al, J Clin Oncol 2005; 23*

# Tamoxifen effekt och *CYP2D6* genotyp



Goetz M P et al. JCO 2005;23:9312-9318

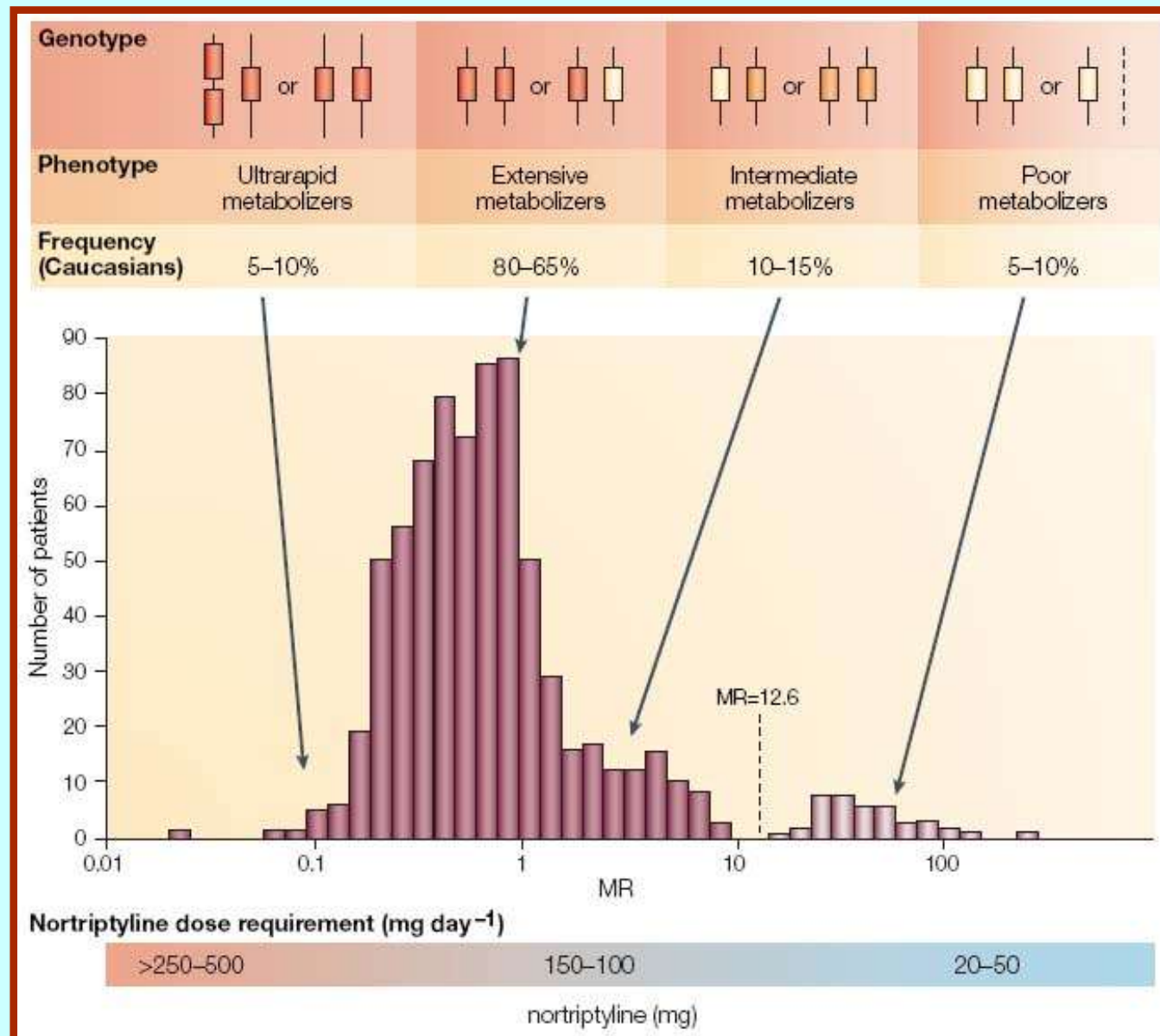
A) relapse-free time

B) disease-free survival

C) overall survival

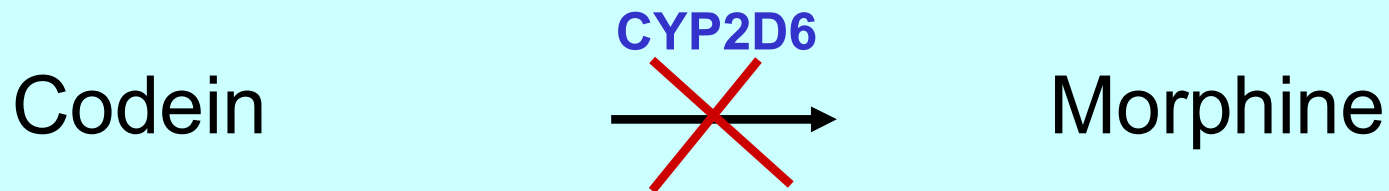
About 200 postmenopausal women with resected ER-positive breast cancer

# **CYP2D6 genotype and nortriptyline dose requirement**



# Opioids and CYP2D6

Reduced/lack of analgesic effect of codeine in patients PM for CYP2D6 due to the reduced production of morphine



Increased risk for morphine intoxication in patients UM for CYP2D6 due to the increased production of morphine

**N Engl J Med 2004; 351:2827-2831** (life-threatening opioid intoxication)

**Lancet 2006; 368: 704** (morphine poisoning in a breastfed neonate)

# CYP2C9 GENETIC POLYMORPHISM

<b>Enzyme</b>	<b>CYP2C9</b>
<b>Gene locus</b>	<b>Chromosome 10</b>
<b>% PM</b>	<b>2-6%</b>
<b>Inheritance</b>	<b>Autosomal recessive</b>
<b>Phenotyping</b>	<b>Probe drugs:</b> <ul style="list-style-type: none"><li>- <b>S-warfarin</b></li><li>- <b>losartan</b></li></ul>
<b>Genotyping</b>	<b>Major allelic variants:</b> <ul style="list-style-type: none"><li><b>CYP2C9*2</b> (8-10% Caucasians 0% Orientals)</li><li><b>CYP2C9*3</b> (6-10% Caucasians 2-3% Orientals)</li></ul>

## Clinical consequences of *CYP2C9* poor metabolism

Warfarin	→	Bleeding
Tolbutamide	→	Hypoglycemia
Phenytoin	→	Ataxia
Siponimod	→	Toxicity (bradycardia, risk of infection, elevated liver enzymes)

# CYP2C19 GENETIC POLYMORPHISM

Enzyme	CYP2C19
Gene locus	Chromosome 10
% PM	2- 4% Caucasians 15-20% Orientals
Inheritance	Autosomal recessive
Phenotyping	Probe drugs: - omeprazole
Genotyping	<b>CYP2C19*2</b> (10-15% Caucasians 25-30% Orientals) <b>CYP2C19*3</b> (0-1% Caucasians 5-10% Orientals) <b>CYP2C19*4</b> (0.5-1% Caucasians) <b>CYP2C19*17</b> (10-20%)

## Clinical consequences of *CYP2C19* poor metabolism

Clopidogrel → Lack of efficacy

Escitalopram → Risk for ADRs

Mavacamten → Risk for cardiotoxicity

## Clinical consequences of *CYP2C19* increased metabolism

Escitalopram → Lack of efficacy

# CYP3A4/3A5 GENETIC POLYMORPHISM

<b>Enzyme</b>	<b>CYP3A4/3A5</b>	
<b>Gene locus</b>	<b>Chromosome 7</b>	
<b>Phenotyping</b>	<b>Erythromycin</b>	
<b>Genotyping</b>	<b>Major allelic variants:</b>	
	<b>-CYP3A4*1B (4.5% Caucasians)</b>	<b>decreased activity</b>
	<b>-CYP3A5*3 (85-90% Caucasians)</b>	<b>no activity</b>
	<b>-CYP3A5*6 (0.5-1% Orientals)</b>	<b>no activity</b>

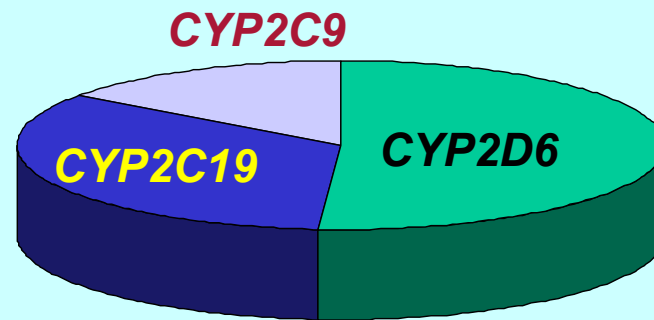
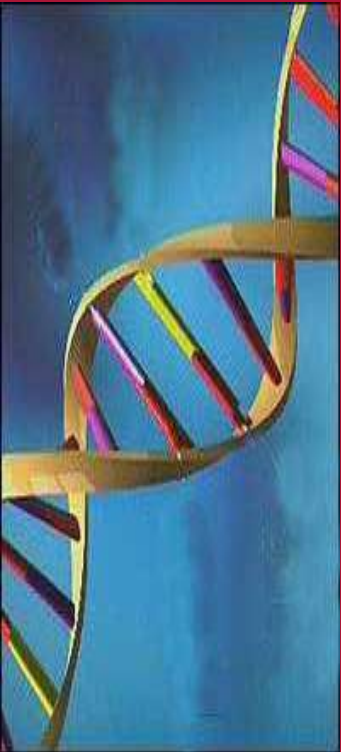
## Substrates

amitriptyline, clomipramine, imipramine, trazodone, sertraline, nefazodone, mirtazapine  
haloperidol, clozapine, risperidone, quetiapine, ziprasidone, sertindole  
alprazolam, midazolam, triazolam  
diltiazem, felodipine, nifedipine, verapamil, cyclosporin, tacrolimus  
cisapride, terfenadine, astemizole, carbamazepine, erythromocyn, clarytromycin,  
tamoxifen, amiodarone, quinidine, methadone, ethynilestradiol, levonorgestrel, statins

# CYP-related drug labels recommendations

<i>Drug</i>		<i>Biomarker</i>	<i>Odd effect</i>
Clonidogrel	Actionable PGx	CYP2C19	Therapy failure
Mavacamten	Test Required	CYP2C19	Toxicity
<b>Långsam CYP2C19-metaboliserare kan ha ökad mavakamtenexponering (upp till 3 gånger), vilket kan leda till ökad risk för systolisk dysfunktion. Den rekommenderade startdosen är 2,5 mg peroralt en gång dagligen. Den maximala dosen är 5 mg en gång dagligen.</b>			
Nortriptyline	Actionable PGx	CYP2D6	Toxicity
Perphenazine	Actionable PGx	CYP2D6	Toxicity
Siponimod	Test Required	CYP2C9	Toxicity
<b>Kontraindicerat för patienter homozygota för CYP2C9*3 (CYP2C9*3/*3). Patienter med genotyp CYP2C9*1/*3 eller *2/*3: rekommenderade underhållsdosen 1 mg/dygn</b>			
Warfarin	Actionable PGx	CYP2C9 - VKORC1	Bleeding

***CYP2D6, CYP2C19* och  
*CYP2C9* analyser vid KKF**



**CYP2D6\*3, \*4, \*5, \*6, \*10, \*17, \*41, \*2xn**

**CYP2C19\*2, \*3, \*4, \*17**

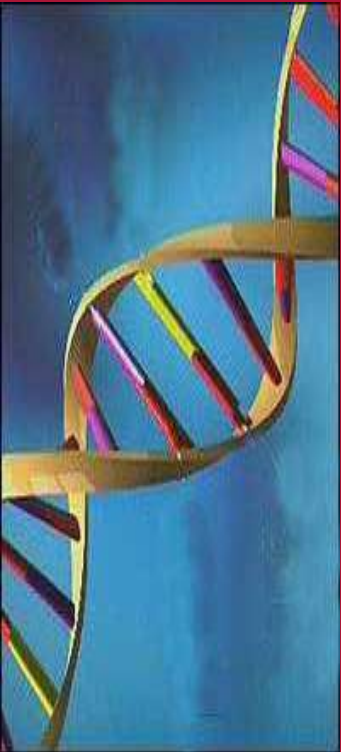
**CYP2C9\*2, \*3**

(depending on the ethnic background of the patients)



# Indications for genotyping

- ➔ **50% lack of optimal drug response/therapeutic failure**
- ➔ **35% side-effects**
- ➔ **15% patient characterisation before starting therapy**





# Drugs

👉 **70% neuropsychotropic drugs**

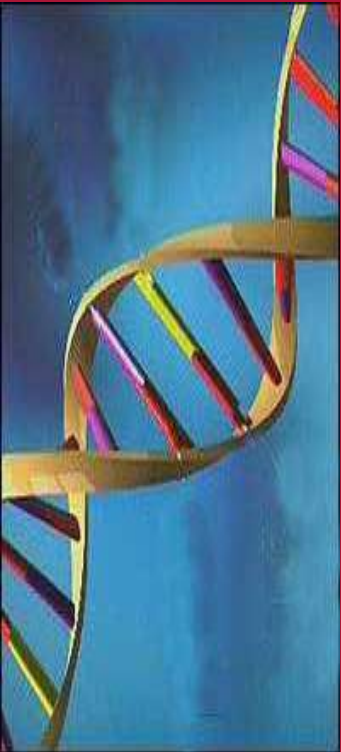
Antipsychotics, antidepressants, anticonvulsants, opioids

👉 **15% cardiovascular drugs**

Metoprolol, propafenone, warfarin, clopidogrel, **mavacamten**

👉 **Others**

Tamoxifen, NSAIDs, PPIs, **siponimod**





# Results

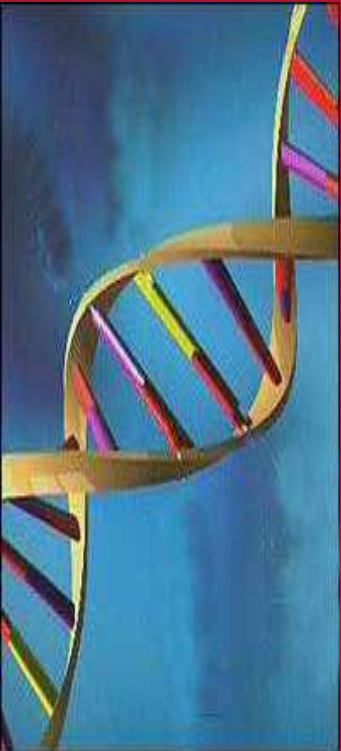
## Subjects experiencing therapeutic failure

👉 **5-10% UMs**

## Subjects experiencing side-effects

👉 **~ 15% PMs and ~40% heterozygous EMs**

👉 **~ 5-10% assuming interacting drugs  
(t.ex. Bupropion, Fluoxetine or Paroxetine)**

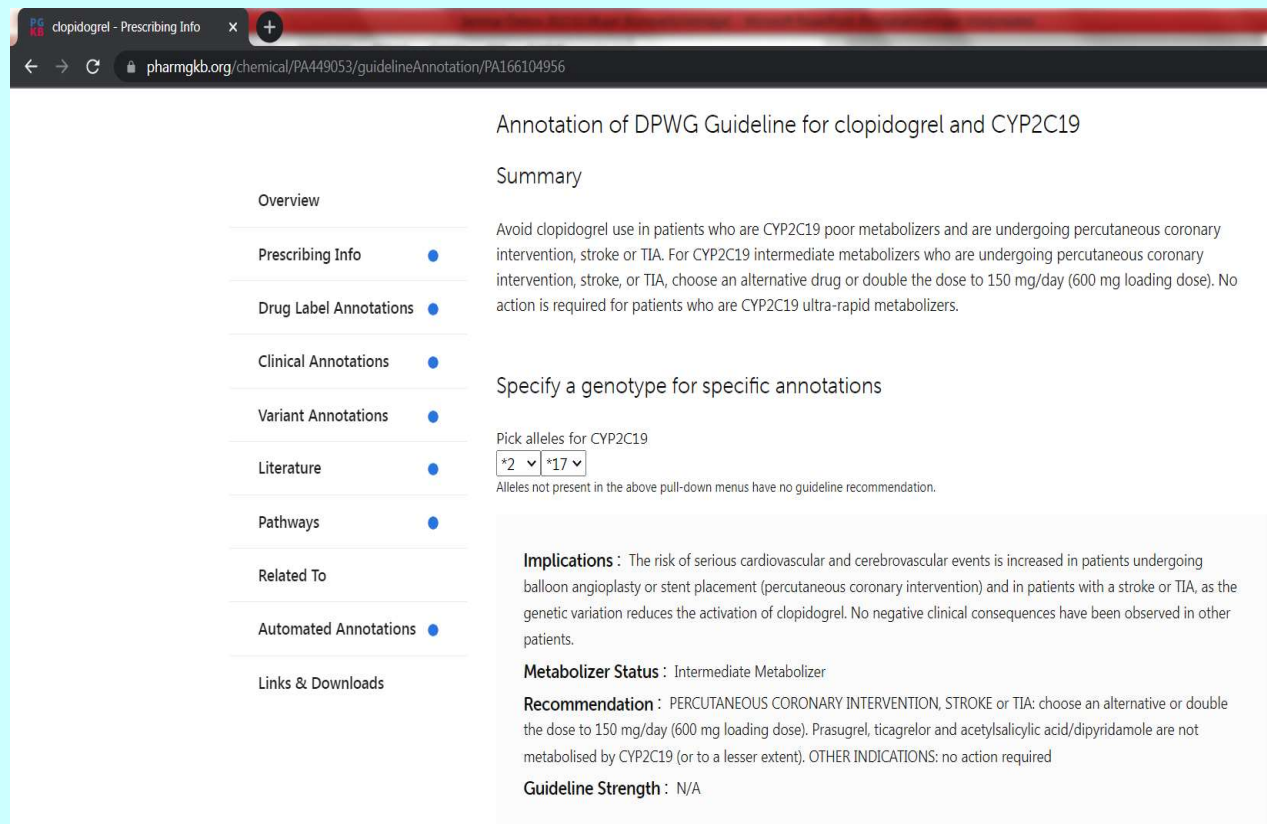


# CYP2C19 genotyp bedömning

CYP2C19, genotyp: \*2/\*17. Denna genotyp är förenad med risk för nedsatt effekt av **klopidogrel**. Annat behandlingsalternativ kan övervägas. Undersökta alleler: \*2, \*4 och \*17.

För utförlig lista över läkemedel som metaboliseras via CYP2C19, vg se: <<http://medicine.iupui.edu/clinpharm/ddis/main-table/>>

För ytterligare information om analysen se: [www.labhandbok.se](http://www.labhandbok.se) och [www.genotypning.se](http://www.genotypning.se)



The screenshot shows a web browser window with the URL [pharmgkb.org/chemical/PA449053/guidelineAnnotation/PA166104956](http://pharmgkb.org/chemical/PA449053/guidelineAnnotation/PA166104956). The page title is "Annotation of DPWG Guideline for clopidogrel and CYP2C19". The left sidebar contains a navigation menu with the following items: Overview, Prescribing Info (selected), Drug Label Annotations, Clinical Annotations, Variant Annotations, Literature, Pathways, Related To, Automated Annotations, and Links & Downloads. The main content area is titled "Summary" and contains the following text: "Avoid clopidogrel use in patients who are CYP2C19 poor metabolizers and are undergoing percutaneous coronary intervention, stroke or TIA. For CYP2C19 intermediate metabolizers who are undergoing percutaneous coronary intervention, stroke, or TIA, choose an alternative drug or double the dose to 150 mg/day (600 mg loading dose). No action is required for patients who are CYP2C19 ultra-rapid metabolizers." Below this text is a section titled "Specify a genotype for specific annotations" with a dropdown menu for "Pick alleles for CYP2C19" showing "\*2" and "\*17" selected. A note below the dropdown states: "Alleles not present in the above pull-down menus have no guideline recommendation." The bottom section of the page contains "Implications", "Metabolizer Status", "Recommendation", and "Guideline Strength" information.

Annotation of DPWG Guideline for clopidogrel and CYP2C19

Summary

Avoid clopidogrel use in patients who are CYP2C19 poor metabolizers and are undergoing percutaneous coronary intervention, stroke or TIA. For CYP2C19 intermediate metabolizers who are undergoing percutaneous coronary intervention, stroke, or TIA, choose an alternative drug or double the dose to 150 mg/day (600 mg loading dose). No action is required for patients who are CYP2C19 ultra-rapid metabolizers.

Specify a genotype for specific annotations

Pick alleles for CYP2C19

\*2 \*17

Alleles not present in the above pull-down menus have no guideline recommendation.

**Implications** : The risk of serious cardiovascular and cerebrovascular events is increased in patients undergoing balloon angioplasty or stent placement (percutaneous coronary intervention) and in patients with a stroke or TIA, as the genetic variation reduces the activation of clopidogrel. No negative clinical consequences have been observed in other patients.

**Metabolizer Status** : Intermediate Metabolizer

**Recommendation** : PERCUTANEOUS CORONARY INTERVENTION, STROKE or TIA: choose an alternative or double the dose to 150 mg/day (600 mg loading dose). Prasugrel, ticagrelor and acetylsalicylic acid/dipyridamole are not metabolised by CYP2C19 (or to a lesser extent). OTHER INDICATIONS: no action required

**Guideline Strength** : N/A

***Cytocrom P450  
i framtid***

# ***Cytocrom P450 i framtid***

- **Full genome scanning**
- **Broader panel of genes of interest: *CYP2B6, CYP2C9, CYP2C29, CYP2D6, CYP3A4/5...CYP1A2??***
- **Evaluation of all the variations according to the guidelines/informations published in [www.pharmgkb.org](http://www.pharmgkb.org)**
- **National genomic network consensus on the clinical evaluations**



**Andra Pgx analyser**

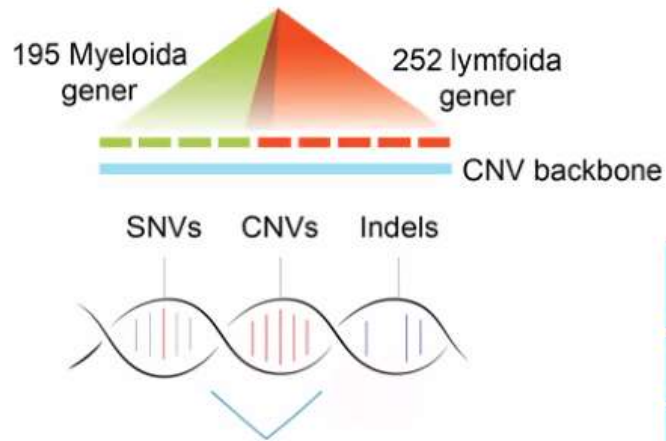
# FDA Drug labels

<i>Drug</i>		<i>Biomarker</i>	<i>Odd effect</i>
Abacavir	<b>Test Required</b>	HLA-B*5701	Hypersensitivity
Azathioprine	<b>Test recommended</b>	TMPT, NUDT15	Leukopenia
Carbamazepine	<b>Test Required</b>	HLA-B*5701	Hypersensitivity
Imatinib	<b>Test Required</b>	Ph Chromosome	
Irinotecan	<b>Actionable PGx</b>	UGT1A1	Toxicity
Isoniazid	<b>Informative PGx</b>	NAT2	
Mercaptopurine	<b>Test recommended</b>	TMPT, NUDT 15	Leukopenia



# Hematologi

## Nationell hematologipanel



AML MDS MPN CLL Lymfom

I panelerna ingår utvalda farmakogener som

- påverkar viktiga läkemedel
- har kliniska rekommendationer

Farmakogener	Läkemedel
TPMT & NUDT15	merkaptopurin, azatioprin, tioguanin
DPYD	fluorouracil, kapecitabin
UGT1A1	irinotekan
CYP2D6	kodein, oxykodon, tramadol, tamoxifen, ondansetron
CYP2D6 & CYP2C19	SSRI och tricykliska antidepressiva



***DPYD***

# DPYD GENETIC POLYMORPHISM

**Enzyme**      **DPD (Dihydropyrimidine dehydrogenase)**  
Substrates: 5-fluorouracil, capecitabine, tegafur

**Gene locus**    **Chromosome 1**

**Genotyping**    **Allelic variants:**

<b><i>DPYD*2A</i></b>	(rs3918290 c.1905+1G>A)	No activity (1.0-1.2%)
<b><i>DPYD*13</i></b>	(rs55886062 c.1679T>G)	No activity (0.1%)
<b><i>DPYDc.2846</i></b>	(rs67376798 c.2846A>T)	Reduced (0.8-1.4%)
<b><i>DPYDc.1129-5923</i></b>	(rs75017182 1129-5923C>G)	Reduced (4.1-4.8%)

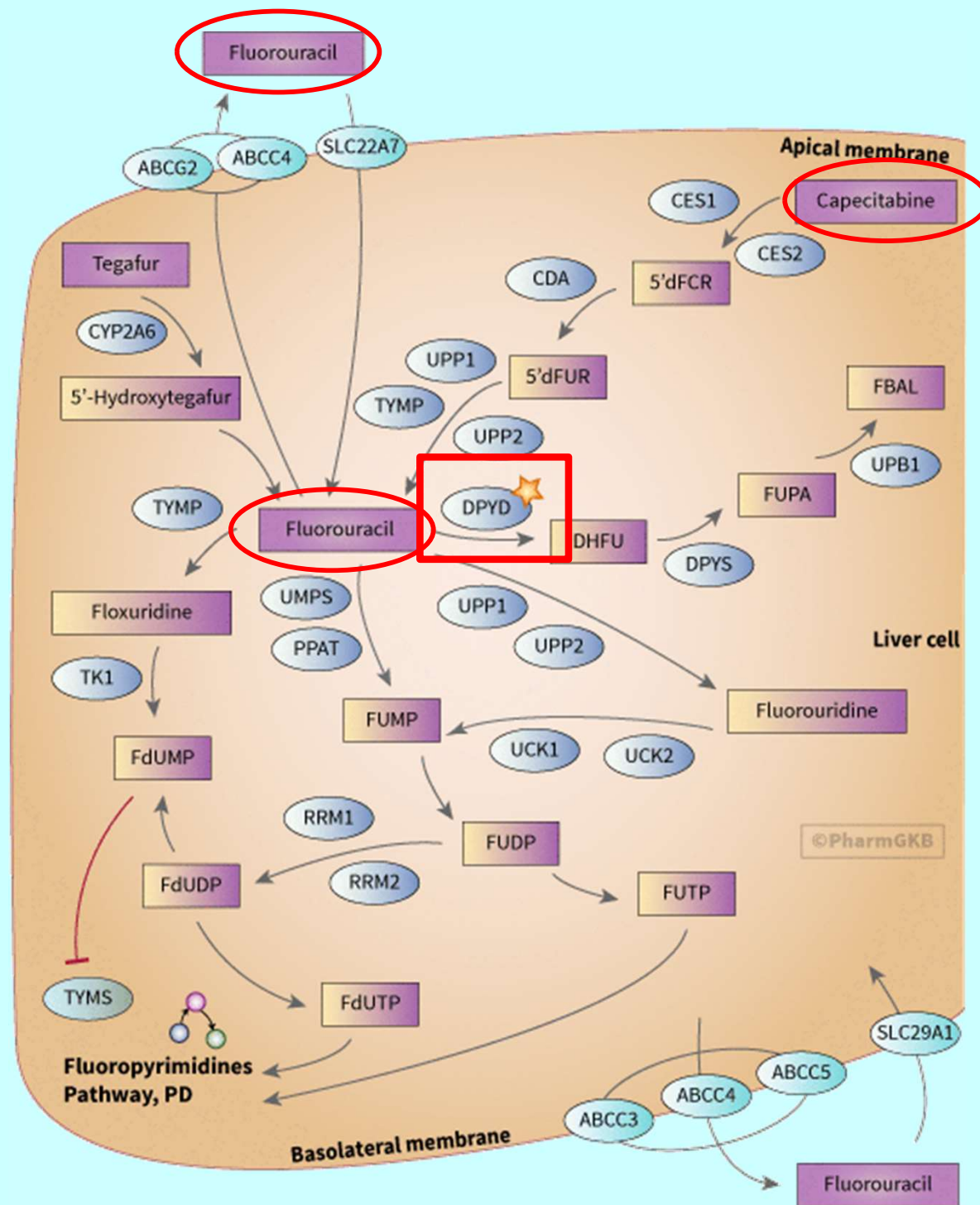
**Ca 6% of Europeans have a reduced metabolic activity**

**INDIKATION:** Riskbedömning inför planerad behandling med 5-fluorouracil, kapecitabin eller tegafur. Utredning av biverkningar hos patient behandlad med 5-fluorouracil, kapecitabin eller tegafur.

I Sverige säljs för närvarande följande läkemedel som påverkas av variation i DPYD: 5-fluorouracil (Fluorouracil®) och kapecitabin (Capecitabin®, Capecitabine®, Ecansya® och Xeloda®) samt tegafur (ingår som en av tre aktiva substanser i Teysuno®). Patienter som är bärare av DPYD-varianterna rekommenderas sänkt dos av dessa läkemedel eller att ta ett alternativt läkemedel.

FDA varnar för ökad risk för svår eller dödlig toxicitet om personer med sänkt aktivitet av dihydropyrimidindehydrogenas behandlas med 5-fluorouracil eller kapecitabin i normal dos. Den europeiska läkemedelsmyndigheten (EMA) rekommenderar sedan 2020 screening av dihydropyrimidindehydrogenas före behandling med fluoropyrimidiner. DPYD genotypning rekommenderas inför behandling med 5-fluorouracil, kapecitabin och tegafur enligt Fass

**Metod: Realtids-PCR**



# DPYD-varianter; screening inför fluoropyrimidinbehandling



Lämplig startdos?

SNP	Allel	Genotyp	Fenotyp
rs3918290	DPYD*2A	c.1905+1G>A	Ingen
rs55886062	DPYD*13	c.1679T>G	Ingen
rs67376798	DPYDc.2846	c.2846A>T	Re
rs75017182	Haplotyp B3	c.1129-5923C>G	Re

Fenotyp	Aktivitets poäng	Genotyp
Normal metaboliserare	2	*1/*1
Intermediär metaboliserare	1,5	*1/ c.1129-5923 G HapB3 *1/c.2846 T
Intermediär metaboliserare	1,0	*1/*2A *1/*13 c.1129-5923 G/c.2846 T c.1129-5923 G/ c.1129- 5923 G c.2846 T/ c.2846 T
Långsam metaboliserare	0,5	*2A/ c.1129-5923 G *2A/c.2846 T *13/c.1129-5923 G *13/c.2846 T
Mycket långsam metaboliserare	0	*2A/*2A *13/*13 *2A/*13

Ger råd om **startdos** baserat på funktionaliteten av enzymet inte metabola förmågan via DPD för patienten!

*Tar ej hänsyn till skillnader i DPD-mängd.*

# DYPD genotyp bedömning

DPYD, genotyp: \*1/\*1: Normal genotyp.

Vid behandling med kapecitabin eller 5-fluorouracil rekommenderas normal startdos. Koncentrationsbestämning av 5-fluorouracil kan övervägas.

Undersökta alleler \*2A, \*13, c.1129-5923 C>G HapB3 och c.2846 A>T.

DPYD, genotyp: \*1/\*2A. Nedsatt enzymaktivitet förväntas.

Vid behandling med kapecitabin eller 5-fluorouracil rekommenderas 50% av normal startdos. Koncentrationsbestämning av 5-fluorouracil bör övervägas.

Undersökta alleler \*2A, \*13, c.1129-5923 C>G HapB3 och c.2846 A>T.

DPYD, genotyp: \*1//c.1129-5923 G HapB3. Lätt nedsatt enzymaktivitet förväntas.

Vid behandling med kapecitabin eller 5-fluorouracil rekommenderas 50-75% av normal startdos.

Koncentrationsbestämning av 5-fluorouracil bör övervägas.

Undersökta alleler \*2A, \*13, c.1129-5923 C>G HapB3 och c.2846 A>T.



***TPMT***

# TPMT GENETIC POLYMORPHISM

<b>Enzyme</b>	<b>Thiopurine methyltransferase</b> Substrates: azathioprine, 6-mercaptopurine
<b>Gene locus</b>	<b>Chromosome 6</b>
<b>Genotyping</b>	<b>Major allelic variants:</b> <b>*1</b> (wild type) <b>*1S</b> (c.474 A>G, rs2842934) <b>*2</b> (G238C, rs1800462 → Ala80Pro) <b>*3A</b> (G460A/A719G → Ala154Thr/ Try240Thr) <b>*3B</b> (G460A, rs1800460 → Ala154Thr) <b>*3C</b> (A719G, rs1142345 → Try240Thr)

**Ca 10% of Caucasians have a reduced metabolic activity**

**INDIKATION:** Riskbedömning inför planerad behandling med azatioprin, 6-merkaptopurin eller tioguanin. Utredning av biverkningar hos patient behandlad med azatioprin, 6-merkaptopurin eller tioguanin.

I Sverige säljs för närvarande tiopurinerna azatioprin (Imurel®, Immunoprin, Azathioprin Orifarm, Azathioprin Actavis, Azatioprin Mylan), 6-merkaptopurin (Puri-nethol®, Xaluprine) samt 6-tioguanin (Lanvis®). Patienter som är bärare av genvarianterna rekommenderas sänkt dos av dessa läkemedel eller att ta ett alternativt läkemedel

**Metod: Realtids-PCR**



# TPMT genotyp bedömning

TPMT, genotyp: \*1/\*1, dvs två funktionella alleler. Normal enzymaktivitet kan förväntas. Undersökta alleler: \*2, \*3B och \*3C.

Vid behandling med merkaptopurin, azatioprin eller tioguanin rekommenderas normal startdos.

TPMT, genotyp: \*1/\*2, dvs heterozygot med en funktionell allel och en icke-funktionell allel. Sänkt enzymaktivitet kan förväntas. Undersökta alleler: \*2, \*3B och \*3C

Vid behandling med merkaptopurin, azatioprin eller tioguanin rekommenderas reducerad startdos (ca 50% av normaldos) eller reducerad startdos enligt gällande behandlingsprotokoll. Koncentrationsbestämning av metaboliter bör övervägas.

TPMT, genotyp: \*3A/\*3A, dvs två icke-funktionella alleler. Mycket låg eller ingen enzymaktivitet kan förväntas. Undersökta alleler: \*2, \*3B och \*3C

Vid behandling med merkaptopurin, azatioprin eller tioguanin rekommenderas kraftigt reducerad startdos (5-10 % av normaldos) eller reducerad startdos enligt gällande behandlingsprotokoll. Koncentrationsbestämning av metaboliter rekommenderas. Alternativ läkemedelsbehandling bör övervägas.

***UGT1A1***

# UGT1A1 GENETIC POLYMORPHISM

<b>Enzyme</b>	<b>UDP-Glucuronosyltransferase Family 1 member A1</b> the sole enzyme responsible for the metabolism of bilirubin in the liver
<b>Gene locus</b>	<b>Chromosome 2</b>
<b>Inheritance</b>	<b>Autosomal recessive</b>
<b>Genotyping</b>	<b>Major allelic variants:</b> <b>*1 TA(6) (wild type)</b> <b>*28 TA (7) dvs 2-bp insertion in the TATA box promoter region → decreased (70%) transcription</b> <b>frequencies: 26-31% Caucasians</b> <b>42-56% African-Americans</b> <b>9-16% Asian populations</b>
<b>Substrater</b>	
<b>Irinotecan</b>	
<b>Östrogen</b>	
<b>Statiner (simvastatin)</b>	<b>*37 TA (8) further decreased activity</b>
<b>Buprenorfin</b>	<b>*36 TA (5) increased promoter activity</b>

# UGT1A1 genotyp bedömning

UGT1A1 28, genotyp: \*1/\*1, dvs (TA)<sub>6</sub>/(TA)<sub>6</sub>. Undersökt allel \*28, dvs (TA)<sub>n</sub>. Enligt genotypning har patienten inte anlag för Gilberts syndrom.

UGT1A1 28, genotyp: \*1/\*28, dvs (TA)<sub>6</sub>/(TA)<sub>7</sub>. Undersökt allel \*28, dvs (TA)<sub>n</sub>. Enligt genotypning har patienten endast ett anlag (heterozygoti) för Gilberts syndrom och har därför sannolikt inte Gilberts syndrom.  
För att få Gilberts syndrom krävs att båda UGT1A1-generna är muterade.

UGT1A1 28, genotyp: \*28/\*28, dvs (TA)<sub>7</sub>/(TA)<sub>7</sub>. Undersökt allel \*28, dvs (TA)<sub>n</sub>. Enligt genotypning har patienten dubbelt anlag (homozygoti) för Gilberts syndrom och har därför sannolikt Gilberts syndrom.

**Gilberts syndrom förekommer hos ca 10 % av svensk befolkning.** Dessa personer kan få intermittent bilirubinstegring t ex vid behandling med läkemedel som glukoronideras av UGT1A1: irinotekan, östrogen, statiner, buprenorfin m.fl.

**Ca 5-10% of Europeans have Gilbert syndrome and their ability to metabolize drugs can be affected**



***NAT2***

# NAT2 GENETIC POLYMORPHISM

Enzyme	N-acetyltransferase 2 (NAT2)
Gene locus	Chromosome 8
Genotype frequency	60% slow acetylators (up to 80% among Scandinavians) 40% fast acetylators
Inheritance	Autosomal recessive
Genotyping	Allelic variants: *1 (wild type) *5 T>C *6 G>A *7 G>A *14 G>A 321
<b>Läkemedel</b>	
☞ isoniazid	
☞ psykofarmaka Nitrazepam, klonazepam	
☞ sulfapreparat	

# NAT2 genotyp bedömning

NAT2, genotyp: \*1/\*1. Undersökta alleler \*1, \*5A, \*5B, \*5C, \*6, \*7, \*14, 341. Enligt genotypning är patienten homozygot snabb metaboliserare via NAT2. Bland svenskar är ca 40% snabba metaboliserare, resten är långsamma. Patienten förväntas ha en relativt snabb metabolism av psykofarmaka såsom klonazepam

NAT2, genotyp: \*5B/\*6.

Undersökta alleler \*1, \*5A, \*5B, \*5C, \*6, \*7, \*14, 341.

Enligt genotypning är patienten långsam metaboliserare via NAT2.

Långsam metabolism anses förenat med ökad risk för biverkningar av höga doser **isoniazid**. Om återinsättning blir aktuell rekommenderas långsamma acetylerare relativt låg dos av isoniazid (Tibinide) pga risk för biverkningar. Samtidig behandling med rifampicin ökar risken för leverskada.

***HLA-B\*57:01* analys vid  
Klinisk immunologi och  
transfusionsmedicin**

# ***HLA-B\*57:01* GENETIC POLYMORPHISM**

## **Protein**

HLA-B (major histocompatibility complex, class I, B) antigen B57. The *HLA-B\*5701* variant is associated with drug-induced inflammatory disease of the skin. Carriers of the variant are highly sensitive to **Abacavir**.

## **Gene locus**

**Chromosome 6**

Frequencies:      6% Caucasians  
                         2-3% African-Americans